## Claims

## I claim:

- 1. An adjustable tensioner comprising:
  - a base;
- 5 a pivot-arm that oscillates about a pivot secured to the base;
  - a pulley attached to the pivot-arm and for engaging the belt:
- a compression spring with a first and operatively connected to the pivot-arm at an operative radius in relation to the pivot;

and a damping mechanism that inhibits oscillatory movements of the pivot-arm;

the pivot-arm comprising a concave arcuate surface that moves with the pivot-arm and is spaced a distance from the pivot, the concave arcuate surface oriented to generally face the pivot and a second end of the compression spring;

the damping mechanism comprising a moveable shoe with a convex arcuate friction surface complimentary to and engaging the concave arcuate surface of the pivot-arm, a spring receiving portion that faces and attaches to a second end of the spring, and a surface portion that engages a protuberance secured to the base, the spring applying a spring force against the shoe pressing the convex arcuate surface against the concave surface generating a reactionary force to the shoe, the spring force and reactionary force combining to press the shoe against the protuberance, the improvement comprising;

an adjustment portion extending from the base comprising a tool receiving portion;

an indicator portion on the pivot-arm;

an indicator portion disposed on the base to cooperate with the indicator portion on the pivot-arm for indicating a predetermined compression spring force.

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- 2. The tensioner as claimed in claim 1 wherein the surface portion of the damping shoe and the protuberance are in the form of complimentary ramp surfaces oriented in the direction of a divergent angle in relation to a longitudinal axis of the compression spring.
- 3. The tensioner as claimed in claim 1 where the concave arcuate surface of the pivot-arm is substantially concentric with the pivot.

4. The tensioner as in claim 1 wherein the tool receiving

portion further describes a hole.

5. The tensioner as in claim 1 wherein the tool receiving portion radially extends beyond the damping mechanism with respect to the pivot.